

Wed 18 June

Val Roseg

Thursday 19 June

Train to Alp Grüm

Walk via Lago da Palu and Cavaglia to Poschiavo

Train to Pontresina

Friday 20 June

Bus to St Moritz and Maloja

Walk via Val Fedoz to Sils Maria

Bus to Pontresina

Saturday 21 June

Chair lift to Alp Languard

walk to Paradis Hütte and back

AL to Muottas Muagl

back to Pontresina

Sunday 22 June

Train to Ospizio

Walk to far end and back and then to Diavolezza valley station

Up and down, and walk to Morteratsch, and train back to Surovas

Monday 23 June

Train Samedan and Thusis

Bus to Bellinzona

Göschenen, Andermatt, Disentis, Reichenau

Samedan, Pontresina

Tuesday 24 June

Walk to Punt Muragl via station

Funicular to Muottas Muragl

Walk towards lake

Down narrow zigzag path to Bever

down valley to Chamues-ch

Bus back via Samedan

Wednesday 25 June

Sunny morning, cool and cloudy later

Bus to Sils, walk to Furtschellas Cable Car, missing one and catching 10.30

Walk along higher paths with some snow patches, and down to Surlej

Cable car to Corvatsch, and back with stop at middle station, and beer at top-

Walk to river and bus back to Pontresina

Thursday 26 June

Train to Cinuos-chel Brail

Walk down to river, across bridge and up through the woods and into the National Park.

Excellent path and views

Back via the Via Sur (Höhenweg?) and get the train back fro S-Chanf

Friday 27th June

Bus to St Moritz and then to a warm and sunny Chiavenna

Bus to Promontogno and Soglio, and then back to St Moritz

walk to Celerina Staz and then through woods to Pontresina and hotel

Saturday 28th June

Walk towards Morteratsch but divert up path to Boval - stop short because of snow patches, but excellent views

Return to Morteratsch, Passing 40 odd Germans* going to the hut for a wedding

Trains to Alp Grüm and back to Surovas

(* 40 odd, not odd Germans)